

# 3 Day First Aid at Work (FAW)

Day 1	Day 2	Day 3
<p><b>Role Of a First Aider</b></p> <ul style="list-style-type: none"> <li>• Role and Responsibilities of First Aiders</li> <li>• Minimising Infection Risk to Self and Others</li> <li>• Need for Consent to Provide First Aid</li> </ul> <p><b>Situation Assessment</b></p> <ul style="list-style-type: none"> <li>• Conduct a Scene Survey</li> <li>• Conduct a Primary Survey of a Casualty</li> <li>• Summon Appropriate Assistance</li> </ul> <p><b>The Unconscious Casualty</b></p> <ul style="list-style-type: none"> <li>• Identify when to Administer CPR</li> <li>• Demonstrate Adult CPR</li> <li>• Recovery Position</li> <li>• Continual Monitoring of Breathing</li> <li>• First Aid for Seizures</li> </ul> <p><b>Choking</b></p> <ul style="list-style-type: none"> <li>• Identifying Choking</li> <li>• First Aid for Choking</li> </ul> <p><b>Bleeding</b></p> <ul style="list-style-type: none"> <li>• Different Types of External Bleeding</li> <li>• Identifying Life-Threatening Bleeding</li> <li>• First Aid for External Bleeding</li> </ul> <p><b>Shock</b></p> <ul style="list-style-type: none"> <li>• Recognising Shock</li> <li>• First Aid for Shock</li> </ul> <p><b>Minor Injuries</b></p> <ul style="list-style-type: none"> <li>• First Aid for Cuts, Grazes, Bruises, Small Splinters, Nosebleeds</li> <li>• First Aid for Minor Burns and Scalds</li> </ul>	<p><b>Secondary Survey</b></p> <ul style="list-style-type: none"> <li>• Casualty History</li> <li>• Top-To-Toe Survey</li> </ul> <p><b>Bone, Muscle and Joint Injuries</b></p> <ul style="list-style-type: none"> <li>• Identifying Sprains, Strains, Fractures, and Dislocations</li> <li>• First Aid for Bone, Muscle and Joint Injuries</li> <li>• Applying a Sling</li> </ul> <p><b>Head Injuries</b></p> <ul style="list-style-type: none"> <li>• Recognising Head Injuries</li> <li>• Recognising Spinal Injuries</li> <li>• First Aid for Head Injuries</li> <li>• First Aid for Spinal Injuries</li> </ul> <p><b>Chest Injuries</b></p> <ul style="list-style-type: none"> <li>• First Aid for Fractured Ribs</li> <li>• First Aid for Penetrating Chest Injuries</li> </ul> <p><b>Serious Burns and Scalds</b></p> <ul style="list-style-type: none"> <li>• Severity of Burns and Scalds</li> <li>• Dry and Wet Heat</li> <li>• Chemicals</li> <li>• Electricity</li> </ul> <p><b>Eye Injuries</b></p> <p><b>Administer First Aid for Eye Injuries</b></p> <ul style="list-style-type: none"> <li>• Dust</li> <li>• Chemicals</li> <li>• Embedded Objects</li> </ul>	<p><b>Poisoning</b></p> <ul style="list-style-type: none"> <li>• How a Person can be Poisoned</li> <li>• First Aid for Suspected Poisoning</li> </ul> <p><b>Anaphylaxis</b></p> <ul style="list-style-type: none"> <li>• Recognise Suspected Anaphylaxis</li> <li>• First Aid for a Casualty with Suspected Anaphylaxis</li> <li>• Use of Auto-Injector</li> </ul> <p><b>Major Illness</b></p> <ul style="list-style-type: none"> <li>• Recognise a Suspected Heart Attack</li> <li>• Recognise a Suspected Stroke</li> <li>• Recognise a Suspected Epileptic Seizure</li> <li>• Recognise a Suspected Asthma Attack</li> <li>• Recognise a Diabetic Hypoglycaemic Emergency</li> </ul> <p><b>Administer First Aid for A Casualty Suffering From:</b></p> <ul style="list-style-type: none"> <li>• A Heart Attack</li> <li>• A Stroke</li> <li>• An Epileptic Seizure</li> <li>• An Asthma Attack</li> <li>• A Diabetic Hypoglycaemic Emergency</li> </ul>