

## AIM

To be able to recognise and treat anaphylaxis

## DURATION

Half Day Course (3 Hours)

## LEARNING OUTCOMES

By the end of this course, you will:

- Know what anaphylaxis is
- Understand who can be at risk
- Be aware of the legislation relating to allergies and anaphylaxis
- Know of the common allergens that can trigger reactions
- Recognise the symptoms of anaphylaxis
- Know how to administer first aid to someone with anaphylaxis
- Understand how adrenaline injectors work
- Know how to use the most commonly used adrenaline injectors
- Be aware of the roles and responsibilities surrounding anaphylaxis

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## LESSONS AND TOPICS

### Introduction

- What is Anaphylaxis?
- Effects of an Allergic Reaction
- Who is at Risk?
- Statistics

### Legislation

- Health and Safety at Work Act
- RIDDOR
- The Food Standards Act
- The Food Safety Act
- Food Information Regulations

### Allergens

- Foods
- Where you would find High Risk Food?
- Insect Stings
- Materials
- Medication
- The Flu Vaccine
- Contrast Agents

### Anaphylactic Shock

- Symptoms of Anaphylaxis
- First Response
- After Identifying Anaphylaxis
- Outlook

### Adrenaline Injectors

- Adrenaline
- Auto-Injectors
- Administering Adrenaline
- Dosage
- Admission to Hospital
- Important Points

### Roles And Responsibilities

- The Care Plan
- New Arrivals
- Identifying People at Risk
- Communication
- Food Preparation
- Memory Loss
- Employer's Responsibilities
- Your Role