

Approach And Attitude



AIM

To be able promote and apply a positive, happy and conscientious attitude within the workplace

DURATION

Half Day Course (3 Hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Understand what a negative attitude is and its effects in the workplace
- Understand what a positive attitude is and how to demonstrate this in the workplace
- Know how to avoid bad culture within the organisation
- Recognise disruptive behaviour and its effects in the workplace
- Knowing the signs of demotivation
- The benefits of motivation and the techniques

LESSONS AND TOPICS

Negative Attitude and Effects

- What is a Negative Attitude?
- The Effects of a Negative Attitude on your Health
- Effects on the Aging Process
- Statistical Evidence of a Negative Attitude
- What can we do to help a Negative Person?
- How Negativity Affects the Workplace?
- How Negativity Affects Residents

Disruptive Behaviour and Effects

- What is Disruptive Behaviour?
- How Disruptive Behaviour affects the workplace
- Strategies to tackle Disruptive Behaviour

Motivation

- Benefits of motivation and recognition
- How employees get demotivated
- Motivation Techniques

Positive Attitude and Its Effects

- What is a Positive Attitude?
- Why does a Positive Attitude matter in Health Care?
- How to have a Positive Attitude at work
- Personal Development and Positivity
- Positivity and Fewer Accidents

Culture Within Your Home/Organisation

- What is Organisational Culture?
- Culture within a Care Home
- What can we do to promote a good culture?
- Person-Centred Care
- Institutional Care
- Institutional Language Example
- Institutional Regime Examples
- Indicators of Institutional Care
- Intellectual Abuse