# **Basic Observations**



#### **AIM**

To be able to make accurate observations of residents and recognise how these fit into NEWS2 scoring

#### **DURATION**

Half Day Course (3 hours)

# **LEARNING OUTCOMES**

By the end of this course, you will:

- Understand the importance of observations and assessments
- Know ways to assess a resident's temperature
- Understand the consequences of low and high blood body temperature
- Be aware of the medical conditions that a low or high pulse rate could indicate
- Know how to assess respiration
- Be aware of the medical conditions an abnormal respiration rate could indicate
- Understand what a blood pressure reading means
- Be aware of the consequences of low and high blood pressure
- Understand the importance of oximetry
- Be aware of the consequences of low oxygen levels
- Be able to accurately take and record observation readings
- Understand what a NEWS2 score is

### **LESSONS AND TOPICS**

## **Assessing Current Health Status**

 The Importance of Observations and Assessments

## **Roles And Responsibilities**

Roles and Responsibilities of Carers

### **Temperature**

- Body Temperature
- The Consequences of Low and High Body Temperature
- Take and Record a Person's Temperature

### **Pulse**

- Pulse
- Medical Conditions a Low or High Pulse Rate Could Indicate
- Take and Record a Person's Pulse

## Respiration

- Assess Respiration
- Medical Conditions an Abnormal Respiration Rate Could Indicate
- Measure and Record a Person's Respiration Rate

### **Blood Pressure**

- What Blood Pressure Reading means
- The Consequences of Low and High Blood Pressure
- Take and Record a Person's Blood Pressure

### **Oxygen Saturation**

- The Importance of Oximetry
- The Consequences of Low Oxygen Levels
- Take and Record a Person's Oxygen Saturation

### **NEWS2**

The Importance and Usage of NEWS2