

## AIMS

To be able to provide effective Person-Centred Care for people living with COPD

## DURATION

Half Day Course (3 Hours)

## LEARNING OUTCOMES

By the end of this course, you will:

- Know what COPD is
- Know the two types of COPD
- Understand who can be at risk
- Recognise some symptoms of COPD
- Know some of the causes of Emphysema
- Know some of the causes of Chronic Bronchitis
- Be aware of the 4 Stages of COPD
- Be aware of treatments for Emphysema
- Be aware of treatments for Chronic Bronchitis
- Understand factors that will influence Person-Centred Care

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## LESSONS AND TOPICS

### Introduction

- What Is COPD?
- Two Types Of COPD
- Acute And Chronic Bronchitis
- Who Is At Risk?

### Person-Centred Care

- Delivering Person-Centred Care
- Monitoring
- Risk Assessments
- Travel

### Symptoms And Causes

- Symptoms Of COPD
- Causes Of Emphysema
- Causes Of Chronic Bronchitis
- 4 Stages Of COPD

### Treatments

- Inhalers
- Medication
- Medication Management
- Pulmonary Rehabilitation
- Ceasing Smoking
- Antibiotics
- Oxygen Therapy
- Surgery