

AIM

To be able to provide effective care for those using CPAP

DURATION

Half Day Course (3 hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Know some of the anatomy of the respiratory system
- Understand the process of breathing
- Know what CPAP is
- Be aware of the indications and contraindications for CPAP
- Understand the difference between CPAP and BiPAP
- Be aware of common problems with CPAP
- Know how to care for CPAP machines
- Recognise the symptoms of common complications caused by CPAP

LESSONS AND TOPICS

Respiration And Ventilation

- Indications For Use
- The Respiratory System
- Breathing
- Inhaling
- Exhaling

CPAP

- What Is CPAP?
- BiPAP
- Indications For CPAP
- Contraindications For CPAP

How It Works

- Before Use
- How It Works
- The CPAP Machine
- Getting Used To CPAP

Problems With Using CPAP

- Air Escape From Mouth
- Machine Noise
- Nasal Problems
- Air Pressure Uncomfortable
- Air Temperature
- Air Escape From Mask
- Skin Contact With Mask
- Dry Or Sore Throat
- Getting Used To Breathing
- Snoring And Breathing At Night
- Bloating And Wind
- Claustrophobia

Medical Conditions

- Type 1 Respiratory Failure
- Sleep Apnoea
- COVID-19
- Atelectasis

CPAP Side Effects

- Common Side Effects
- Preventing Side Effects
- Malfunction And Failure