

AIMS

To understand what a Clinical Supervision is, the benefits they bring and how to implement them successfully

DURATION

Half Day Course (3 Hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Understand what a Clinical Supervision is
- Understand the Roles of the Supervisor and Supervisee
- Recognise the benefits of Clinical Supervisions
- Recognise some Clinical Supervision Models
- Know how to implement Clinical Supervisions
- Recognise the importance of reflection
- Apply Clinical Supervision concepts to Case Studies

LESSONS AND TOPICS

Clinical Supervision

- What is a Clinical Supervision?
- Role of the Supervisor
- Role of the Supervisee
- Benefits of Clinical Supervision
- Supporting Your Team
- Accountability

Case Studies

- A Range of Relevant Case Studies to Discuss and Apply Clinical Supervision Skills to

Clinical Supervision Models

- John's Reflective Model
- Nicklin Practice-Centred Model
- Proctor's Three Function Model
- Resilience-Based Clinical Supervision

Implementing Clinical Supervisions

- Agreeing the Aim
- Agreeing the Process
- Appropriate Content
- Expectations
- What, How, What Now?
- Individual and Group Supervisions
- Conducting Supervisions
- Recording the Supervision
- Confidentiality and other Legal Aspects
- Questioning Styles
- Evaluating Supervisions