

Dementia Champion

AIM

To be able to Champion Dementia Care in Care Home Settings

DURATION

1 Day Course (6 Hours)

LEARNING OUTCOMES

By the end of this course you will:

- Understand the term 'Dementia'
- Know the different types of Dementia
- Understand different ways to support those living with Dementia
- Recognise the importance of dignity and respect to those living with Dementia
- Understand how to support colleagues caring for those living with Dementia
- Recognise effective communication techniques
- Develop leadership skills to be an effective Champion
- Know how to undertake Supervisions and Appraisals
- Utilise effective feedback techniques

LESSONS AND TOPICS

Dementia

- Symptoms
- Statistics
- Types Of Dementia
- Delirium
- Korsakoff's
- Progression

Supporting People with Dementia

- Everyday Tasks
- Hobbies And Interests
- Nutrition And Hydration
- Incontinence
- Person-Centred Care
- Promoting Independence

Dignity And Respect

- Helping the Person Feel Valued
- What's in a Name?
- Respecting Cultural Value
- Acting with Courtesy
- Respecting Privacy
- Supporting the Person to Express their Feelings
- Offering Simple Choices
- Tips: Maintaining Respect
- Supporting other Carers

Communication

- Communicating with People Living with Dementia
- Body Language
- Communication Tips

Care Planning for Dementia

- Dementia Care Mapping
- The DCM Cycle

Leadership Skills

- Skills Required to be a Leader
- Facts and Statistics
- Resilience

Appraisals And Supervisions

- Appraisals and Supervisions
- Planning for Supervisions and Appraisals

Feedback

- The Importance of Feedback
- Types of Feedback
- Barriers to Feedback
- Feedback Models
- Feedback Tips