

Dementia and Behaviour

AIM

To be able to care effectively for someone who is living with dementia

DURATION

Half Day Course (3 Hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Understand how to provide effective care for those with dementia
- Understand how to act with dignity and respect
- Recognise some communication skills needed
- Recognise the causes of behaviour of concern in those with dementia
- Know how to respond to incidents of behaviour of concern
- Understand methods of reducing and preventing behaviour of concern

LESSONS AND TOPICS

Dementia

- Symptoms
- Statistics

Supporting People with Dementia

- Everyday Tasks
- Hobbies And Interests
- Nutrition And Hydration
- Incontinence
- Person-Centred Care
- Promote Independence

Dignity and Respect

- Helping the Person Feel Valued
- Respecting Cultural Value
- Acting with Courtesy
- Respecting Privacy
- Supporting the Person to Express their Feelings
- Offering Simple Choices
- Supporting other Carers

Communication

- Talking to People with Dementia
- Body Language
- Communication Tips

Behaviour Of Concern

- Causes
- Responding to Behaviour of Concern
- Investigating The Triggers
- Tips For Reducing Behaviour of Concern
- Positive Behaviour Support