

Diabetes Advanced Care

AIM

To give an understanding of Diabetes and its treatment

DURATION

Half Day Course (3 hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Understand what Diabetes is
- Know the importance of competence
- Know how Diabetes is diagnosed
- Recognise the different types of tests that monitor Diabetes
- Know how to perform a blood glucose test
- Be able to interpret the results of a blood glucose test
- Know the procedure for administering insulin
- Know how to store insulin safely
- Be aware of different types of insulin and their uses

LESSONS AND TOPICS

Introduction to Diabetes

- Scope
- Becoming Competent

Diagnosis and Testing

- Facts and Statistics
- Diagnosis
- Fasting Blood Glucose Test (FBG)
- Oral Glucose Tolerance Test (OGTT)
- Emergency Blood Tests
- HbA1c Test
- Urine Test
- Repeating the Tests
- Summary

Monitoring Blood Glucose

- When to Check BG
- Equipment
- Procedure
- Results

Insulin Injections

- Who Can Administer?
- The Injection Site
- The Injection Kit
- Injecting
- Storing Insulin
- Types of Insulin