

AIMS

Whilst caring for those with Diabetes, be able to identify the symptoms that could suggest a problem

DURATION

Half Day (3 hours)

LEARNING OUTCOMES

By the end of this course you will:

- Understand what Diabetes is
- Be aware of the impact Diabetes can have on residents
- Recognise the different types of Diabetes, and understand their risk factors and differences
- Recognise the symptoms of Diabetes
- Understand the importance of good foot care for diabetics
- Know of the key health checks recommended for those with Diabetes
- Recognise the symptoms of hypoglycaemia
- Know how to treat hypoglycaemia
- Understand the importance of good nutrition and hydration for diabetics

LESSONS AND TOPICS

What is Diabetes?

- What is Diabetes?
- Facts and Statistics

Type 1 Diabetes

- What is Type 1 Diabetes?
- Facts about Type 1 Diabetes
- Risk Factors of Type 1 Diabetes

Type 2 Diabetes

- What is Type 2 Diabetes?
- Facts About Type 2 Diabetes
- Risk Factors of Type 2 Diabetes

Other Types of Diabetes

- Gestational Diabetes
- Prediabetes

Symptoms of Diabetes

- Onset of Symptoms
- Symptoms

Hypoglycaemia

- What is Hypoglycaemia?
- Symptoms of Hypoglycaemia
- Who is at Risk of Hypoglycaemia?
- Treating Hypoglycaemia

Hyperglycaemia

- What is Hyperglycaemia?
- Symptoms of Hyperglycaemia
- Who is at Risk of Hyperglycaemia?
- Treating Hyperglycaemia
- Diabetic Ketoacidosis

Health Checks

- Long-term Diabetes Related Complications
- Foot Care
- Flu Jab
- Blood Pressure
- Oral Hygiene and Dental Checks
- Eyesight Checks
- Cholesterol Checks