

AIM

To be able to Champion the Dignity of residents in Care Home Settings

DURATION

1 Day Course (6 Hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Understand what Privacy & Dignity mean in a health care setting
- Be aware of the importance of person-centred dignity
- Understand the importance of a resident's personal space
- Know how to gain trust and confidence by maintaining confidentiality
- Know your responsibilities re safeguarding and when to break confidence
- Understand the factors that shape personal choices
- Be aware of the importance of mental capacity within a care setting
- Know how to help residents maintain independence and make informed choices
- Know how to conduct a risk assessment
- Understand the importance of residents being active participants in their care
- Know the key principles of self-care
- Know how to promote good practice
- Develop leadership skills to be an effective Champion
- Know how to undertake Supervisions and Appraisals
- Recognise effective techniques for teaching practical skills
- Utilise effective feedback techniques

LESSONS AND TOPICS

Privacy & Dignity

- What is Privacy?
- What is Dignity?
- Person Centred Dignity
- Dementia and Dignity
- Living with Dementia
- Personal Space

Trust and Confidence

- Confidentiality
- Building Trust
- Safeguarding and Disclosure

Making Choices

- What Shapes our Choices?
- Personal Choices
- Mental Capacity
- Supporting Independence
- Informed Choices
- Risk Assessment

Active Participation and Self-Care

- Supporting Active Participation
- Self-Care Principles

Leadership Skills

- Skills Required to be a Leader
- Facts and Statistics
- Resilience

Appraisals And Supervisions

- Appraisals and Supervisions
- Planning for Supervisions and Appraisals
- Who can provide supervisions and Appraisals?

Teaching A Skill

- Task Analysis
- Teaching Practical Skills

Feedback

- The Importance of Feedback
- Types of Feedback
- Barriers to Feedback
- Feedback Models