

AIM

To be able to provide effective care for people who have a drug and/or alcohol addiction

DURATION

Half Day Course (3 Hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Know the difference between habit and addiction
- Understand how addiction develops
- Be aware of legislation relating to drugs and alcohol
- Be aware of types of illegal drugs
- Be aware of New Psychoactive Substances
- Know how drug misuse affects mental health
- Know signs of drug misuse
- Know effects of drug misuse
- Know signs of alcohol misuse
- Know effects of alcohol misuse
- Understand the effects of withdrawal and detoxification
- Be aware of some treatments for drug and alcohol addiction

LESSONS AND TOPICS

Addiction

- Difference Between Habit and Addiction
- Understand what is Meant by Addiction
- Know how Addiction can Develop
- Vulnerability to Addiction
- Facts and Statistics

Legislation

- Misuse of Drugs Act
- Psychoactive Substances Act

Drugs

- Drug Types and Classification
- Availability of Drugs
- New Psychoactive Substances
- Health Risks of NPS
- Understand of the Law Regarding "Legal Highs"

Drug Misuse

- Drugs and Mental Health
- Regular Misuse
- HIV
- Myths about Drug Addiction
- Signs of Drug Addiction
- Effects of Drug Misuse
- Withdrawal and Withdrawal Symptoms

Alcohol

- Effects
- Moderation
- Alcohol Dependency
- Alcoholism
- Functioning Alcoholism
- Effects of Alcohol abuse
- Getting Help
- Detox and Withdrawal
- Withdrawal Symptoms

Treatment

- Recovery Plans
- Medication
- Therapy