

# Ear Irrigation

## AIMS

To understand the causes and treatments for ear wax build up

## DURATION

Half day course (3 hours)

## LEARNING OUTCOMES

By the end of this course you will:

- Understand what earwax is
- Be aware of the anatomy of the ear
- Be aware of some of the causes of earwax build-up
- Recognise the symptoms of earwax build-up
- Know some treatments for earwax build-up

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## LESSONS AND TOPICS

### Ear Wax

- Anatomy of the ear
- What is earwax?
- What to do if you think the ear is blocked

### Causes of Ear Wax Build Up

- What causes earwax build-up?
- Symptoms of earwax build-up
- Preventing earwax build-up
- Risks of ear blockage

### Treatments

- When to see a GP
- Treatments to remove ear wax
- Ear Irrigation
- Risks of Ear Irrigation
- Infection Control

