

# Early Onset Dementia Awareness

## AIMS

To understand how to support those living with early onset dementia.

## DURATION

Half day – 3 hours

## LEARNING OUTCOMES

By the end of this course you will:

- Recognise the symptoms of early onset dementia
- Be aware of the types of early onset dementia
- Know how to support and care for those with early onset dementia
- Recognise the importance of maintaining dignity and respect for those with early onset dementia
- Be aware of how to maintain independence with those with early onset dementia
- Know how to communicate effectively with people with early onset dementia
- Recognise factors and situations that may trigger behaviour of concern
- Understand how early onset dementia progresses

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## LESSONS AND TOPICS

### Early Onset Dementia

- What is early onset Dementia?
- Symptoms
- Types of early onset Dementia

### Supporting

- Supporting someone with early onset dementia
- Everyday tasks
- Giving Support
- Hobbies and Interests
- Health and Nutrition
- Tips for Effective Care

### Dignity and Respect

- Helping the Person Feel Valued
- What's in a Name?
- Respecting cultural value
- Acting with courtesy
- Respecting Privacy
- Supporting the Person to Express Their Feelings
- Offering Simple Choices
- Tips: Maintaining Respect
- Supporting other colleagues

### Communication

- Talking to People with Dementia
- Body Language and other forms of communication
- Communication Tips

### Signposting

- Signposting to national and local support services