

AIMS

To be able to care for adults approaching the end of their lives

DURATION

Half Day (3 Hours)

LEARNING OUTCOMES

By the end of this course you will:

- Know the 5 Priorities of care
- Understand your role and responsibilities surrounding end of life
- Recognise the importance of listening skills
- Know different techniques of effective communication
- Be aware of the symptoms that indicate that death is likely
- Know different ways to assess and monitor pain
- Know the relevant documentation regarding the end of life
- Understand the responsibilities of the different professionals involved in end of life care
- Recognise the importance of advance care planning
- Know when to enact a DNACPR order
- Recognise the impact that religious and cultural beliefs may have
- Understand your role after a patient has died
- Be aware of ways to support family and colleagues

LESSONS AND TOPICS

End of Life Care

- The 5 Priorities of Care
- Understanding the Role of Healthcare Professionals
- Responsibilities
- NICE guidance on end of life care and its management

Effective Communication

- Questions and Worries in Serious Illness
- Listening skills
- Other Communication Skills

End of Life Symptoms

- SPICT™ (The University of Edinburgh)
- General care and observations
- The Terminal Phase
- Signs That Death Has Occurred
- The role of 'just in case' medications

Pain

- Assessing Pain
- Managing Pain

Documentation, Responsibilities and Accountabilities

- Documentation around end of life management
- Clinical responsibilities and accountabilities

Advance Care Planning

- Advance Statements
- DNACPR Orders
- Advance Decisions
- Lasting Power of Attorney (LPA)
- Wills

Meeting Social and Spiritual Needs of the Dying

- Religion
- Cultural Beliefs

Care After Death

- Terminology
- Pathways of Care
- Personal Care of the Body
- Anticipatory Loss and Grief
- Managing the Family's Emotional Responses
- Managing the Staff's Emotional Responses