

# Harmful Sexual Behaviour

## AIMS

To be able to recognise harmful sexual behaviour and sexual abuse and provide care and support to young people displaying harmful sexual behaviour

## DURATION

Half Day Course (3 Hours)

## LEARNING OUTCOMES

By the end of this course you will:

- Know ways to support health sexual development in young people
- Understand what normal sexual behaviours are
- Know when sexual behaviours become harmful
- Recognise signs of sexual abuse
- Know ways to prevent sexual abuse
- Know relevant legislation
- Understand what a disclosure is
- Know how to report abuse
- Be able to respond appropriately to the needs of young people
- Know ways to support families and communities
- Know ways to improve the sexual health outcomes of young people in care

---

## LESSONS AND TOPICS

### Sexual Behaviour

- What are normal sexual behaviours?
- When do sexual behaviours become harmful?
- Young person's perception of abuse
- Staff response to behaviours
- How behaviours can be managed

### Sexual Abuse

- What is sexual abuse?
- Signs of sexual abuse
- Preventing sexual abuse

### Legislation

- Vulnerable Groups Act 2006
- Children and Young Persons Act 1933
- The Children's Act 1989
- The United Nations Convention on the Rights of the Child (UN, 1989)
- Children Act 2004
- Every Child Matters

### Disclosure

- What is Disclosure?
- The procedure following a disclosure
- Reporting Abuse

### Supporting Young People

- Responding to the needs of young people
- Supporting families and communities
- Improving sexual health outcomes of young people in care



---

**For more information** Call 01706 375578  
Email [hello@orchardrock.com](mailto:hello@orchardrock.com)  
Visit [www.orchardrock.com](http://www.orchardrock.com)