

# Huntington's Disease



## AIM

To be able to provide effective care for those with Huntington's Disease

## DURATION

Half Day Course (3 Hours)

## LEARNING OUTCOMES

By the end of this course, you will:

- Recognise the causes of Huntington's
- Be aware of how Huntington's is passed on
- Understand how Juvenile Huntington's presents differently
- Understand how Huntington's is diagnosed
- Recognise the symptoms of Huntington's
- Be aware of the key medical interventions for people with Huntington's
- Understand how to provide care and support for people with Huntington's

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## LESSONS AND TOPICS

### Introduction To Huntington's

- What is Huntington's Disease?
- The HD Gene
- Inheriting Huntington's
- Juvenile Huntington's
- The Anatomy and Physiology of the Brain

### Diagnosis And Symptoms

- Diagnosis
- Early Symptoms
- Later Symptoms

### Treatment

- Medication
- Speech Therapists and Dietitians
- Occupational Therapists
- Physiotherapy

### Caring For Those With Huntington's

- Assisting with Mealtime
- Support with Continence
- Supporting Exercise
- Supporting Decisions and Capacity