

Learning Disabilities

AIMS

To be able to provide care and support to people living with a Learning Disability

LEARNING OUTCOMES

By the end of this course you will:

- Know what Information Governance is
- Know what a Learning Disability is
- Understand the difference between Learning Disabilities and Learning Difficulties
- Know the different levels of Learning Disability
- Recognise some conditions linked to Learning Disabilities
- Know what is meant by a Behaviour of Concern
- Recognise some common reasons for Behaviour of Concern
- Know ways to deal with Behaviour of Concern
- Recognise the need for good communication
- Be aware of some alternative communication methods

LESSONS AND TOPICS

Learning Disabilities / Difficulties

- Terminology
- What is a Learning Disability?
- What Causes Learning Disabilities?
- Learning Disabilities vs Learning Difficulties
- Facts and Statistics
- Health Vulnerabilities
- Difficulty Accessing Mental Health Treatment

Levels of Learning Disabilities

- Levels of Learning Disabilities
- Mild
- Moderate
- Severe
- Profound

Conditions Linked to Learning Disabilities

- Summary of Learning Disabilities

Behaviours of Concern

- What is a Behaviour of Concern?
- Examples of Challenging Behaviour
- The Fight or Flight Response

Reasons for Behaviour of Concern

- Reasons for Behaviour of Concern
- Sensory Overload
- Break in Routine
- Lack of Control
- Social Imagination
- Boredom
- An Unmet Need
- Distraction Techniques
- Inability to Communicate Effectively

Communication

- Communication Challenges
- Good Communication
- Top Communication Tips
- Alternative Methods of Communication