

# Living With Dementia

## AIM

To gain greater understanding of the different forms of dementia

## DURATION

Full Day Course (6 Hours)

## LEARNING OUTCOMES

By the end of this course, you will:

- By the end of this course you will be able to:
- Recognise the common symptoms of dementia
- Be aware of the causes of Alzheimer's Disease
- Recognise the factors that can cause vascular dementia
- Recognise the specific symptoms of Lewy Body Dementia
- Know the treatment for types of dementia
- Understand how frontotemporal dementia develops
- Recognise the key symptoms
- Be aware of the symptoms of an acute confusional state
- Understand how Korsakoff's develops
- Know how Korsakoff's is treated
- Understand how to provide effective care for those with dementia
- Recognise the causes of behaviour of concern in those with dementia
- Know how to respond to incidents of behaviour of concern
- Understand methods of reducing and preventing behaviour of concern
- Know how to undertake dementia care mapping

## LESSONS AND TOPICS

### Dementia

- Symptoms
- Statistics
- Types Of Dementia

### Alzheimer's Disease

- What Is Alzheimer's Disease?
- Causes
- Treatment

### Vascular Dementia

- What Is Vascular Dementia?
- Symptoms
- Causes
- Treatment

### Lewy Body Dementia

- What Is Lewy Body Dementia?
- Symptoms
- Causes

### Frontotemporal Dementia (Pick's Disease)

- What Is Frontotemporal Dementia?
- Symptoms
- Treatment

### Acute Confusional State

- Acute Confusion
- Causes
- Treatment

### Korsakoff's

- What Is Korsakoff's?
- Causes
- Symptoms
- Treatment

### Supporting People With Dementia

- Everyday Tasks
- Hobbies And Interests
- Nutrition And Hydration
- Incontinence
- Person-Centred Care
- Promote Independence

### Behaviour Of Concern

- Causes
- Responding To Behaviour of Concern
- Investigating The Triggers
- Tips For Reducing Behaviour of Concern

### Care Mapping

- Dementia Care Mapping
- The DCM Cycle

### The Lady In The Red Dress

### Exercises