

Lone Worker

AIMS

To develop effective working practices when working alone

DURATION

Half Day Course (3 hours)

LEARNING OUTCOMES

By the end of this course you will:

- Have personal knowledge of the legislation covering Lone Workers
- Understanding your responsibilities
- Know what a Risk Assessment is for a Lone Worker
- Identify potential hazards and the safety measures in place
- Know what to do in an emergency and how to report accidents or incidents
- Realise the importance of communication

LESSONS AND TOPICS

Lone Working Definition

- Definition

Legislation

- Health & Safety at Work Act 1974
- Management of Health & Safety at Work Regulations 1999
- Health & Safety (First Aid) Regulations 1981
- Provision and use of Work Equipment Regulations 1998
- Lifting Operations and Lifting Equipment Regulations 1998
- Control of Substances Hazardous to Health Regulations 1999 (COSHH)
- Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995 (RIDDOR)

Responsibilities

- Employer Responsibilities
- Employee Responsibilities

Risk Assessment

- Hazards
- Risks
- Reducing Risks

Potential Safety Measures

- Assessment
- Supervision
- On-call systems
- Emergency Alert systems
- Bank Staff
- Scheduling
- Tracking and tracing systems
- Travelling on public transport
- Driving safety measures
- Parking safety measures
- Accident and breakdown procedures
- Visits to the unknown people and locations
- Theft
- First Aid and First Aid Kits
- Personal Protective Equipment (PPE)
- Using chemicals safely
- Manual handling
- Training

Policies And Procedures

- Traceability
- Calling for help in an emergency
- Accident, incident and near miss reporting and recording
- Caring for lone workers after incidents and accidents
- Lone worker training



For more information

Call 01706 375578
Email hello@orchardrock.com
Visit www.orchardrock.com