

AIM

To apply the Mental Capacity Act Principles into the care you provide to those with a mental health condition or living with dementia

DURATION

Half Day Course (3 Hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Be up to date with current statistics surrounding mental capacity
- Know what the MCA is, why it's important and who it affects
- Know how to identify someone with a lack of capacity
- Be aware of the key legislations surrounding mental capacity
- Know the boundaries involved when caring for someone with a lack of capacity
- Recognise how to help individuals make informed choices
- How to risk assess a person's choices
- Recognize what "best interests" are and how to use the checklist provided
- Know the 5 core principles of MCA
- Know how and when to assess capacity
- Be aware of the two-stage functional test for capacity
- Be familiar with the standard authorisation process
- Understand how to restrict and restrain in a person's best interest
- Know how to write care plans for individuals that lack capacity

LESSONS AND TOPICS

Introduction

- Facts & Statistics
- Why was the MCA introduced?
- Introduction date
- What can cause a lack of capacity?
- Types of lack of capacity
- Which health professionals does MCA apply to?

Legislation

- Human Rights Act
- Deprivation of Liberty Safeguards (DoLS)
- Lasting Power of Attorney
- Independent Mental Capacity Advocate (IMCA)
- Mental Health Act

Decisions, Choices and Best Interests

- Making Decisions and Allowing Choice
- Informed Choices
- Risk Assess Choices
- What are best interests?
- Best Interests Checklist

Five Core Principles of the MCA

- Principle 1 - A Presumption of Capacity
- Principle 2 - Supported to make their own decisions
- Principle 3 - Unwise decisions
- Principle 4 - Best Interests
- Principle 5 - Less restrictive options

Capacity Assessment

- When should capacity be assessed?
- Who can assess capacity?
- Two-stage functional test of capacity
- Assessment of capacity case study - Mary

DoLS

- DoLS order case study - Jerry
- Standard Authorisation
- What the assessments entail
- Restraint and Restriction
- Care Plans
- Restriction case study - Ben