

**AIMS**

To be able to provide effective care for those living with Muscular Dystrophy.

**LEARNING OUTCOMES**

By the end of this course you will:

- Know what Muscular Dystrophy is
- Know some causes and risk factors of Muscular Dystrophy
- Know how Muscular Dystrophy is diagnosed
- Be aware of types of Muscular Dystrophy
- Be aware of different Muscular Dystrophy symptoms
- Know different treatment types for Muscular Dystrophy
- Be aware of how Muscular Dystrophy progresses
- Know ways to care for those living with Muscular Dystrophy

---

**INTRODUCTION**

Timings		
5 mins	Introduction	<ul style="list-style-type: none"><li>• Course timings</li><li>• Course Aims &amp; Learning Outcomes</li><li>• Sensitive information warning</li><li>• Reading and/or Writing Assistance</li><li>• Health &amp; Safety</li><li>• Fire Exits</li></ul>

**LESSONS**

Timings	Lessons	Learning outcomes for each topic
	Muscular Dystrophy	<ul style="list-style-type: none"><li>• Know what Muscular Dystrophy is</li><li>• Know some causes and risk factors of Muscular Dystrophy</li></ul>
	Diagnosis	<ul style="list-style-type: none"><li>• Know how Muscular Dystrophy is diagnosed</li></ul>
	Types of Muscular Dystrophy	<ul style="list-style-type: none"><li>• Be aware of types of Muscular Dystrophy</li></ul>
	Common Symptoms	<ul style="list-style-type: none"><li>• Know some common symptoms</li></ul>
	Treatment	<ul style="list-style-type: none"><li>• Know different treatment types for Muscular Dystrophy</li></ul>
	Care	<ul style="list-style-type: none"><li>• Be aware of how Muscular Dystrophy progresses</li><li>• Know ways to care for those living with Muscular Dystrophy</li></ul>

**QUESTIONS**

Timings		
30 mins	Questions	<ul style="list-style-type: none"><li>• Complete Questions</li><li>• Knowledge gaps closed</li></ul>