

## AIMS

To be able to make accurate observations and assessments of residents in your care, calculate a NEWS2 score and begin appropriate actions

## DURATION

Full Day Course (6 hours)

## LEARNING OUTCOMES

By the end of this course you will:

- Understand the importance of observations and assessments
- Know ways to assess a resident's temperature
- Understand the consequences of low and high blood body temperature
- Be aware of the medical conditions that a low or high pulse rate could indicate
- Know how to assess respiration
- Be aware of the medical conditions an abnormal respiration rate could indicate
- Understand what a blood pressure reading means
- Be aware of the consequences of low and high blood pressure
- Understand the importance of oximetry
- Be aware of the consequences of low oxygen levels
- Be able to accurately take and record observation readings
- Understand what a NEWS2 score is
- Be able to calculate a NEWS2 score
- Know the NEWS2 thresholds and what actions to take

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## LESSONS AND TOPICS

### Assessing Current Health Status

- Be aware of the importance of observations and assessments

### Roles and Responsibilities

- Understand the roles and responsibilities of carers

### Temperature

- Be aware of the number of ways to assess a resident's temperature
- Understand the consequences of low and high blood body temperature
- Be able to accurately take and record a person's temperature

### Pulse

- Know how to take a resident's pulse
- Be aware of the medical conditions a low or high pulse rate could indicate
- Be able to accurately take and record a person's pulse

### Respiration

- Know how to assess respiration  
Be aware of the medical conditions an abnormal respiration rate could indicate
- Be able to accurately measure and record a person's respiration rate

### Blood Pressure

- Understand what a blood pressure reading means
- Be aware of the consequences of low and high blood pressure
- Know how to take a blood pressure reading
- Be able to accurately take and record a person's blood pressure

### Oxygen Saturation

- Understand the importance of Oximetry
- Be aware of the consequences of low oxygen levels
- Know how to take an oximetry reading
- Be able to accurately take and record a person's oxygen saturation

### NEWS2

- Understand the importance and usage of NEWS2
- Understand what a NEWS2 score is
- Be able to calculate a NEWS2 score
- Know the NEWS2 thresholds
- Know what actions to take