

AIMS

To be able to support and care for those with PEGs

DURATION

Half Day Course (3 Hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Understand what a PEG is, and the indications for its use
- Know the anatomy and physiology of a PEG
- Understand the mechanics of swallowing
- Be aware of conditions that can affect swallowing
- Know how to care for and clean stoma sites
- Be aware of the common complications of PEGs
- Recognise the signs of urgent complications, and what to do when indicated
- Understand the roles and responsibilities of professionals regarding PEGs

LESSONS AND TOPICS

PEG Management

- What is a PEG?
- Indications for PEG Placement
- Alternatives to PEGs
- Anatomy and Physiology of the PEG
- Anatomy of the Digestive system

Roles and Responsibilities of Healthcare Professionals

- Responsibilities
- Documentation around PEG Management
- Managing Pain

Dysphagia

- Mechanics of Swallowing
- Phases of Swallowing
- Conditions that Effect Swallowing

Stoma Care and Hygiene

- Skin Care
- Hand washing
- Bathing and Showering
- Oral Hygiene

Clinical Complications

- Peritonitis
- Haemorrhage
- Aspiration
- Blockage
- Leakage
- Site Infection
- Granuloma Formation
- Buried Bumper syndrome
- Urgent Complication
- Refeeding Syndrome