

PTSD in Young People

AIMS

To be able to provide effective care for young people with PTSD

DURATION

Half Day Course (3 Hours)

LEARNING OUTCOMES

By the end of this course you will:

- Know what PTSD is
- Know some causes of PTSD
- Understand how PTSD affects young people
- Know some symptoms of PTSD
- Understand how PTSD affects the behaviour of young people
- Know ways of supporting a young person with PTSD
- Be aware of some treatments for PTSD
- Know what safeguarding procedures are in place
- Understand what to do in the event of a disclosure
- Know some organisations that can provide help

LESSONS AND TOPICS

PTSD

- What is PTSD?
- Causes of PTSD

Effects on young people

- How does PTSD affect young people?
- Symptoms of PTSD

Behaviour

- Behaviour of young people with PTSD
- Supporting a young person with PTSD
- Treatment of PTSD

Safeguarding

- Safeguarding procedures
- Disclosure

Signposting

- Organisations offering support



For more information **Call** 01706 375578
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