

## AIM

To prepare delegates to deal with a range of Paediatric First Aid situations

## DURATION

Two Day Course (12 hours)

## LEARNING OUTCOMES

By the end of this course you will:

- Understand the role and responsibilities of a Paediatric First Aider
- Be able to assess an emergency situation safely
- Be able to provide First Aid for an infant or a child who is unresponsive
- Be able to provide First Aid for an infant or child who is choking
- Be able to provide First Aid to an infant or child with external bleeding
- Know how to provide First Aid to an infant or child who is suffering from shock
- Know how to provide First Aid to an infant or child who has bites, stings and minor injuries
- Be able to provide First Aid for an infant or child with suspected injuries to bones, muscles and joints
- Be able to provide First Aid for an infant or child with suspected head and spinal injuries
- Know how to provide First Aid to an infant or child with conditions affecting the eyes, ears and nose
- Know how to provide First Aid to an infant or child with an acute medical condition or sudden illness
- Know how to provide First Aid to an infant or child who is experiencing extremes of body temperature
- Know how to provide First Aid to an infant or child who sustained an electric shock
- Know how to provide First Aid to an infant or child with burns and scalds
- Know how to provide First Aid to an infant or child with suspected poisoning
- Know how to provide First Aid to an infant or child with anaphylaxis

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## LESSONS

### Day 1

- Role of a First Aider
- Assessing Emergency Situations
- CPR
- Recovery Position
- Seizures
- Febrile Convulsions
- Choking
- Bleeding
- Tourniquets and Wound Packing
- Shock
- Minor Injuries
- Sprains and Strains

### Day 2

- Fractures and Dislocations
- Head Injuries
- Spinal Injuries
- Eye Injuries
- Foreign Bodies in the Nose or Ears
- Diabetes
- Asthma
- Anaphylaxis
- Meningitis
- Hypothermia
- Heat Exhaustion and Heat Stroke
- Electric Shock
- Burns and Scalds
- Poisoning