

## AIM

To be able to provide effective and person-centred care for people with Parkinson's Disease

## DURATION

Half Day Course (3 Hours)

## LEARNING OUTCOMES

By the end of this course, you will:

- Understand what Parkinson's Disease is
- Be aware of the causes of Parkinson's Disease
- Recognise the key symptoms of Parkinson's Disease
- Be aware of the different types of Parkinson's Disease and how they might present
- Know which medication is often prescribed to treat Parkinson's Disease
- Understand how supportive therapies can support those with Parkinson's Disease
- Know how Parkinson's Disease progresses
- Understand how to plan effective care for those with Parkinson's Disease
- Be aware of ways to communicate effectively with someone with Parkinson's Disease
- Recognise the signs of end stage Parkinson's Disease

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## LESSONS AND TOPICS

### Parkinson's Disease

- What Is Parkinson's Disease?
- Causes Of Parkinson's Disease

### Symptoms

- Main Symptoms
- Physical Symptoms
- Cognitive Symptoms

### Types Of Parkinson's Disease

- Idiopathic Parkinson's Disease
- Vascular Parkinson's Disease
- Drug Induced Parkinsonism
- Atypical Types Of Parkinsonism

### Treatment

- Medication
- Supportive Therapies

### Care

- Progression
- Care Planning
- Advance Care Planning
- Nutrition And Hydration
- Dignity And Independence
- Communication
- End Stage Parkinson's Disease