

Positive Behaviour Support

AIMS

To gain an understanding of how to support those who are displaying behaviours of concern

DURATION

Full Day Course (3 Hours)

LEARNING OUTCOMES

By the end of this course you will:

- Be aware of the risks to staff and the impact factors to the company
- Recognise the key legislation
- Be aware common elderly conditions that could influence behaviour that challenges
- Understand how to provide positive behaviour support
- Know how to document and report behaviours of concern and incidents
- Understand what your own responsibilities are and those of the home

LESSONS AND TOPICS

Introduction

- Facts and statistics
- Personal Risks
- Impact factors within the workplace

Legislation

- Mental Capacity Act (MCA)
- Deprivation of Liberty Safeguards (DoLS)
- Mental Health Act (Amended) (MHA)
- Health & Safety at Work Act
- Equality Act

Elderly Mental Illness

- Mental Health in the Elderly
- Triggers
- Common Mental Health Conditions
- Insomnia
- Suicide and End of Life
- Dementia

Positive Behaviour Support

- What is a Behaviour of Concern?
- Types of Behaviour of Concern
- Triggers of Behaviour of Concern
- Identifying an Unmet Need
- Scenarios
- De-escalating
- Re-direction
- Communication
- The Needs Hierarchy Process

Care Planning

- Understanding Effective Care Plans
- Acting on Care Plans
- Documentation and Reporting of Incidents

Roles and Responsibilities

- Roles and Responsibilities of a Carer
- The Roles and Responsibilities of a Manager