

# Privacy and Dignity

## AIMS

To provide dignified care whilst maintaining privacy and promoting choice and independence

## DURATION

Face to face - half day course (3 hours)

E-learning approximately 40 mins

## LEARNING OUTCOMES

By the end of this course you will:

- Understand what Privacy & Dignity mean in a health care setting
- Be aware of the importance of person-centred dignity
- Recognise the importance of maintaining dignity for someone living with dementia
- Understand the importance of a resident's personal space
- Know how to gain trust and confidence by maintaining confidentiality
- Know your responsibilities re safeguarding and when to break confidence
- Understand the factors that shape personal choices
- Be aware of the importance of mental capacity within a care setting
- Know how to help residents maintain independence and make informed choices
- Know how to conduct a risk assessment
- Understand the importance of residents being active participants in their care
- Know the key principles of self-care

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## LESSONS AND TOPICS

### Privacy and Dignity.

- What is Privacy?
- What is Dignity?
- Person Centred Dignity
- Dementia and Dignity
- Living with Dementia
- Personal Space

### Trust and Confidence

- The Data Protection Act 2018
- Confidentiality
- Building Trust
- Safeguarding and Disclosure

### Making Choices

- What Shapes our Choices?
- Personal Choices
- Mental Capacity
- Supporting Independence
- Informed Choices
- Risk Assessment

### Active Participation and Self-Care

- Supporting Active Participation
- Self-Care Principles

We recommend:

- Initial training be face-to face
- Annual e-learning refreshers
- A face to face refresher after 3 years

