

# Recognising Deterioration

## AIMS

To be able to recognise when someone's clinical status is deteriorating

## DURATION

Half Day Course (3 Hours)

## LEARNING OUTCOMES

By the end of this course you will:

- Know what is meant by deterioration
- Understand some causes of deterioration
- Recognise some signs of deterioration
- Know what vital signs to assess
- Understand the importance of assessing and managing pain
- Know that some people may have made decisions about their care in advance
- Understand the importance of documentation
- Know your role and responsibilities
- Know when to escalate concerns relating to a person's health
- Understand effective communication techniques

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## LESSONS AND TOPICS

### Deterioration

- What is Deterioration?
- Causes of Deterioration
- Signs of Deterioration

### Assessing Health

- Vital Signs to Assess
- Completing Basic Observations
- ABCDE
- Assessing and Managing Pain
- MUST
- NEWS2
- Waterlow Scores

### Advance Care Planning

- Advance Statements
- DNACPR Orders
- Advance Decisions
- Lasting Power of Attorney (LPA)

### Documentation, Responsibilities and Accountabilities

- Documentation
- Responsibilities and accountabilities
- Escalation

### Effective Communication

- Communication
- Questions and Worries in Serious Illness
- Listening skills
- Other Communication Skills



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For more information

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