

Restrictive Intervention



AIM

To know of ways to reduce the use of Restrictive Intervention

DURATION

Half Day Course (3 Hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Recognise when Restriction is appropriate
- Recognise the importance of reducing the use of Restriction
- Be aware of types of Restriction
- Be aware of the legislation underpinning the use of Restraint
- Know how to create effective care plans for those who display behaviours of concern
- Know how to reduce the use of Restrictive Practice in your workplace
- Be aware of the consequences of misusing Restriction

LESSONS AND TOPICS

Restrictive Intervention

- What is Restrictive Intervention?
- When Restriction is Appropriate
- The Importance of Reducing Restriction

Restriction

- Physical Restraint
- Chemical Restraint
- Psychosocial Restraint

Legislation

- Common Law
- Human Rights Act
- Mental Health Act
- Mental Capacity Acts
- DoLS

Care Planning

- Person-Centred Care
- Medication
- Behaviour
- Environment

Reducing Restrictive Practice

- Three Steps to Reduce Restrictive Practice
- Consider and Plan
- Implement Safeguards
- Review and Reflect
- Positive Behaviour Support

Case Studies

- Case Studies