

AIMS

To be able to manoeuvre people and objects safely

DURATION

Full Day (6 hours)

LEARNING OUTCOMES

By the end of this course you will:

- Be aware of the definition of manual handling
- Understand the necessity for trained practice
- Understand their responsibilities and the responsibilities of their employer.
- Be aware of health issues that may necessitate support
- Understand how to find key information surrounding handling residents
- Understand how to manoeuvre residents safely and with dignity
- Know the correct method for manoeuvring people using a hoist.
- Know how to report incidents correctly
- Demonstrate your ability through the Safer People Handling practical

LESSONS AND TOPICS

Safer People Handling

- Why do people need assistance moving?
- Care Plans
- Infection Control
- Maintaining Dignity
- Independence
- Communication

Low Assisted Techniques

- Assisted Walking
- Sitting to Standing

Falling Person

- Recognise the signs
- Dealing with a falling person
- First response
- Helping back to a chair

Manual Aids

- Types of Manual Aids
- Procedure for Hoists

Bed Turns and Slide Sheets

- Reasons for Bed Turns
- Bed Height
- Turning
- Applying a Slide Sheet

Hoisting

- The Hoist
- Pre-Hoisting Checks
- Hoisting from a bed
- Hoisting from a chair

Roles & Responsibilities

- Employer's responsibilities
- Employee's responsibilities
- What to do after a mistake is made
- Further additional training

Practical Assessment

Hoisting

- Check hoist for fault
- Check service date
- Reassure patient
- Good communication
- Check brakes
- Correct width of legs
- Use correct sling
- Apply sling
- Height of lift
- Hoist rescue
- Transfer to bed and chair
- Removing slings
- Clean and correct storage

Moving and Handling

- Moving in chair
- Hand holding
- Handling belt
- Sitting to standing
- Sitting to sitting through standing
- Lying to sitting
- Moving on bed
- Use of slide sheets
- Sliding board
- Rolling and turning
- Lower falling person
- Chair to floor