

Schizophrenia

AIM

To be able to care for those living with Schizophrenia

DURATION

Half day (3 hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Gain an understanding of what schizophrenia is
- Understand the difference between psychosis and schizophrenia
- Know how schizophrenia is assessed and diagnosed
- Know common triggers of the condition
- Gain awareness of the common symptoms of schizophrenia and their effects
- Be aware of how Schizophrenia is treated
- Understand how to de-escalate behaviours of concern
- Be aware of your roles and responsibilities regarding the care of those with schizophrenia
- Be aware of common misconceptions surrounding the condition

LESSONS AND TOPICS

About Schizophrenia

- What is Schizophrenia?
- What is Psychosis?
- Causes of Psychosis
- Facts and Statistics
- Diagnosis of Schizophrenia
- Triggers

Types of Schizophrenia

- Acute and Continuous Schizophrenia
- Paranoid Schizophrenia
- Schizoaffective Disorder
- Related Personality Disorders

Care and Treatment

- Care Planning
- Recording and Reporting Changes
- Community Mental Health Teams
- Acute Episodes
- Antipsychotics
- Psychological Treatment
- Impact on Staff

Stress and Distress

- Importance of Good Communication
- Good communication techniques
- De-Escalating Stressed and Distressed Behaviour

Roles and Responsibilities

- Manager's Responsibilities
- Nurse and Team Leader Responsibilities
- Carers' Responsibilities
- Misconceptions about Schizophrenia