

## AIM

To recognise signs of Sepsis and be able to care for those recovering from it

## DURATION

Half Day Course (3 Hours)

## LEARNING OUTCOMES

By the end of this course, you will:

- Understand how Sepsis develops
- Be aware of the impact of Sepsis in healthcare
- Understand how NEWS2 relates to Sepsis
- Be able to calculate a NEWS2 score
- Know the NEWS2 thresholds
- Recognise common causes of Sepsis
- Recognise the symptoms of Sepsis
- Be aware of septic shock
- Understand how Sepsis is treated in hospital
- Know how to support physical and psychological healing
- Be aware that PTSD can develop in survivors

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## LESSONS AND TOPICS

### Introduction to Sepsis

- Sepsis
- How Sepsis Develops
- Facts and Statistics
- Post-Operative Sepsis
- People at Risk

### Supporting People After Sepsis

- Going Home
- Supporting Physical Healing
- Supporting Psychological Healing
- PTSD

### NEWS2

- What is NEWS2?
- Calculating NEWS2
- NEWS2 Thresholds and Triggers
- Clinical Response to NEWS2 Trigger Thresholds

### Causes and Symptoms

- Sources of Infection
- Symptoms of Sepsis
- Late-Stage Sepsis – Septic Shock
- Outlook

### Treating Sepsis

- The Sepsis Six
- Emergency Treatment
- Other Treatment
- Post Sepsis