

# Sexual Behaviours

## AIMS

To be able to recognise harmful sexual behaviour and provide care and support to people displaying inappropriate sexual behaviour

## DURATION

Half Day Course (3 Hours)

## LEARNING OUTCOMES

By the end of this course you will:

- Know relevant legislation
- Understand what sexual behaviours are
- Know when sexual behaviours become harmful
- Recognise signs of sexual abuse
- Know ways to prevent sexual abuse
- Understand what a disclosure is
- Know how to report abuse
- Recognise ways to manage behaviour of concern
- Know some distraction techniques
- Be able to respond appropriately to the needs of residents
- Know ways to support families and communities

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## LESSONS AND TOPICS

### Legislation

- Safeguarding Of Vulnerable Groups Act
- Mental Capacity Act
- Health And Safety At Work Act
- Equality Act

### Sexual Behaviour

- What are sexual behaviours?
- Sexual development
- Typical sexual behaviours
- When do sexual behaviours become harmful?
- Perception of abuse
- Rating behaviours
- Risk assessment

### Sexual Abuse

- What is sexual abuse?
- Types of sexual abuse
- Signs of sexual abuse
- Preventing sexual abuse
- Building relationships
- Consent
- Personal boundaries

### Disclosure

- What is disclosure?
- The procedure following a disclosure
- Reporting abuse

### Behaviour of Concern

- Why do residents engage in sexual behaviour?
- Staff response to behaviours
- Mental Capacity
- Consenting Adults
- Managing Stress

### Supporting Residents and families

- Responding to the needs of residents
- Supporting families and communities

