

Spinal Injury

AIM

To be able to care for those living with a spinal injury

DURATION

Half Day Course (3 Hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Understand the function of the spinal cord in the body
- Be aware of the different parts of the spinal cord
- Know the different parts of the vertebral column
- Recognise the effects of a Spinal Cord Injury
- Understand the effects of a Spinal Cord Injury depending on location and type
- Know the difference between tetraplegia and paraplegia
- Be aware of the common causes of Spinal Cord Injuries
- Be aware of the dangers of Autonomic Dysreflexia
- Recognise the symptoms and causes of Autonomic Dysreflexia
- Know how to initially treat Autonomic Dysreflexia
- Be aware of ways to prevent Autonomic Dysreflexia
- Know how to provide effective care for those with a Spinal Cord Injury

LESSONS AND TOPICS

The Spinal Cord

- What is the EU?
- Anatomy of the Spinal Cord
- Anatomy of the Nervous System
- The Vertebral Column
- Anatomy of the Vertebral Column

Caring for those with Spinal Cord Injuries

- Pressure Ulcers
- Bowel Care
- Bladders and Catheters
- Accessibility and Independence
- Mental Health

Spinal Cord Injuries

- Effects of Spinal Cord Injuries
- Types of Spinal Cord Injury
- Tetraplegia and Paraplegia
- Recovery and Outlook
- Causes of Spinal Cord Injuries
- Who is at risk of SCI?

Autonomic Dysreflexia

- What is Autonomic Dysreflexia?
- Symptoms
- Causes
- Treatment
- Prevention