

# Sub-Cut Fluids in End of Life Care

## AIMS

To be able to administer sub-cut fluids and monitor those receiving sub cut fluids

## DURATION

Half Day Course (3 Hours)

## LEARNING OUTCOMES

By the end of this course you will:

- Understand the need for sub-cut fluids
  - Know fluids that are suitable to administer subcutaneously
  - Know indications for sub-cut fluid administration
  - Know how to order sub-cut fluids
  - Know how to administer sub-cut fluids
  - Be able to calculate flow rates
  - Know recommended sites for infusion
  - Know some initial checks to undertake to aid patient safety
  - Be aware of ways to monitor patients
  - Be aware of possible complications
  - Be able to complete a sub-cut fluid audit
  - Be aware of other documentation relating to sub-cut fluids
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## LESSONS AND TOPICS

### Sub-Cut Fluids

- Understand the need for sub-cut fluids
- Know fluids that are suitable to administer subcutaneously
- Know indications for sub-cut fluid administration
- Know how to order sub-cut fluids

### Administering fluids

- Know how to administer sub-cut fluids
- Be able to calculate flow rates
- Know recommended sites for infusion

### Checking and monitoring patients

- Know some initial checks to undertake to aid patient safety
- Be aware of ways to monitor patients

### Complications

- Be aware of possible complications

### Documentation

- Be able to complete a sub-cut fluid audit
- Be aware of other documentation relating to sub-cut fluid



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