

Suppository Administration

AIM

To be able to administer suppositories safely

DURATION

Half Day Course (3 hours)

LEARNING OUTCOMES

By the end of this course you will:

- Recognise the indications and contraindications for suppositories
- Be aware of the anatomy of the anus and rectum
- Know how to maintain a person's privacy and dignity
- Recognise the importance of infection control
- Know how to implement good infection control procedures
- Know how to administer suppositories safely and effectively

LESSONS AND TOPICS

Introduction to Suppositories

- Suppositories
- Indications for Suppositories
- Contraindications for Suppositories
- Anatomy of the Anus and Rectum

Dignity and Privacy

- Supporting Residents
- The Rights of Administration

Infection Control

- Hand Hygiene
- When to Wash
- Hand Washing Technique
- PPE
- Barrier Nursing
- Clinical Waste
- Soiled Linen

Administering Suppositories

- Observations and Assessment
- Equipment Required
- Preparing the Resident
- Inserting Suppositories
- Which Way Round?
- Risks and Side Effects