

Visual Impairment

AIMS

To be able to care for those with a visual impairment

DURATION

Half Day course (3 Hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Know what is meant by Visual Impairment
- Recognise some of the common medical causes for visual impairment
- Understand the difficulties people with visual impairments might have in their day-to-day activities
- Know how to plan person centred care for those with vision problems
- Be aware of the need for effective risk assessments
- Know how vision is tested
- Understand the readings of a Snellen test
- Be aware of what counts as severely sight impaired, and sight impaired
- Be aware for the technology and equipment available for those living with impaired vision

LESSONS AND TOPICS

Visual Impairment

- Definitions
- Challenges
- Effects on Mental Health
- Common Questions

Causes of Visual Impairment

- Age-related macular degeneration
- Diabetic Retinopathy
- Cataracts
- Glaucoma

Providing Care

- Care Planning
- Risk Assessments
- Physical Environments
- Interactions
- Sight Loss and Dementia
- Activities
- Eye Tests

Testing

- Ophthalmologists
- Snellen Tests
- Certification

Living with Visual Impairments

- Lifestyle Changes
- Reading and Writing
- Braille
- Getting Around

