

AIMS

To be able to assess and care for wounds

DURATION

Half Day (3 Hours)

LEARNING OUTCOMES

By the end of this course, you will:

- Be aware of the NMC Code of Practice
- Understand how wounds heal
- Know the warning signs, and common sites for pressure ulcers
- Know how wounds are assessed and recorded
- Know how to correctly document wounds
- Know how to correctly photograph wounds
- Understand the necessity for debridement in wound care
- Be aware of the different methods of debridement

LESSONS AND TOPICS

Wound Categories

- Safeguarding
- Wound Categories
- NMC Code of Practice

The Wound Healing Process

- The Healing Process
- Risk Factors Which May Compromise Healing

Pressure Ulcer Categories

- Early Warning Sign
- Category 1
- Category 2
- Category 3
- Category 4
- Suspected Deep Tissue Injury
- Uncategorisable
- Mucosal Pressure Ulcer
- Combination Lesions

Incontinence Related Dermatitis

- Mild
- Moderate
- Severe
- Treatment

Moisture Lesions

- Location
- Shape
- Edges
- Necrosis
- Depth
- Colour

Skin Tears

- Categories of Skin Tear
- Prevention Strategies
- Skin Tear Management Guidelines

Documentation and Recording

- PCS Wound Assessment
- Skin Bundle
- Wound Treatment Plan
- Waterlow Chart
- Body Mapping
- Turning Clock
- Turning Record
- Wound Photography

Wound Debridement

- Examples of Debridement
- Which Wounds Need Debridement?
- Wound Assessment
- Types of Debridement
- Types of Dressings and Compression Bandages