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Face 2 Face / Virtual Course List

Basic Mandatory

- Adult Support and Protection
- Adults with Incapacity
- Duty of Care
- Equality & Diversity
- Fire Safety
- Food Safety
- GDPR and Data Protection
- Health & Safety Awareness
- Infection Control
- Moving and Handling*
- Person-Centred Care
- Privacy & Dignity
- Risk Assessment
- Safeguarding Adults at Risk
- Understand Your Role
- Whistleblowing

First Aid

- 3 Day First Aid at Work*
- Basic Life Support*
- Emergency First Aid at Work EFAW*
- First Aid Awareness*
- Mental Health First Aid
- Paediatric First Aid*

Mental Health

- Bipolar Disorder
- CBT Awareness
- Eating Disorders
- Emotional Unstable Personality Disorder
- Hearing Voices
- Hoarding & Self-Neglect
- Mental Capacity Act & DOLS
- Mental Health Act
- Mental Health Awareness
- Mental Health First Aid
- OCD
- Personality Disorders
- Pica
- Psychiatric Care
- Relational Training*
- Schizophrenia
- Self-Neglect
- Stress
- Suicide Ideation

Courses marked with * have significant practical activities and should be delivered as Face2 Face sessions

Behaviour Management

- 3 Day MVA*
- 3 Day PMVA GSA*
- MVA (can include handcuffs) *
- Positive Behaviour Support (can include breakaways*)
- Restrictive Intervention Awareness
- Safeholds for the Elderly*
- Stress and Distress

Nursing

- 4 Day Clinical Skills*
- Autonomic Dysreflexia
- Apomorphine Pump
- BiPAP and CPAP
- Blood Borne Viruses
- Bowel Care & Colostomy
- Catheterisation*
- Clinical Risk Assessment
- Clinical Supervisions
- Depot Injections*
- Diabetes Advanced*
- End of Life Clinical
- Enemas
- Injection Techniques*
- IV & Cannulation*
- Manual Evacuation*
- Nephrostomy Care
- Neurogenic Bowel
- NG Tubes
- Nurse Practice Supervisor
- Oxygen Therapy
- Pain Management
- PEG Feeding
- Pressure Ulcer Prevention
- Pre-Registered Nurse Programme
- RESTORE2 and NEWS2
- SBARD
- SSKIN
- Self-Catheterisation*
- Sepsis
- Spinal Injury
- Sub-Cutaneous Fluids*
- Suppositories
- Syringe Driver*
- Tracheostomy & Suctioning
- Urostomy
- Vasovagal Attacks
- Venepuncture*
- Ventilation

- Verification of Death
- Wound Care
- Zolodex Implant

Specialist

- Acquired Brain Injury
- Activity and Inclusion
- ADHD
- Alcohol-Related Brain Damage
- A Life Worth Living
- Anaphylaxis
- Aphasia
- Arthritis
- Autism Awareness
- Basic Observations*
- Bed Falls Management
- Cerebral Palsy
- CHAPS for Senior Carers
- Child Sexual Exploitation
- Chronic Conditions
- Colostomy
- Continence & Catheter Care
- COPD
- COSHH
- Counselling
- Court of Protection
- Crohn's Disease
- Customer Care
- Diabetes Awareness
- Documentation and Reporting
- Domestic Violence
- Domiciliary Practitioner
- Down's Syndrome
- Drug and Alcohol Misuse
- Dysphagia & IDDSI
- End of Life Care
- English in CareFalls Management
- Fire Marshal
- Foot Care
- Gang Affiliation
- Gender Dysphoria
- Harmful Sexual Behaviour
- Health & Safety
- Hearing Impairment
- Learning Disabilities
- Legionnaire's Disease
- LGBTQ+ Awareness
 Living with Demontic
- Living with Dementia
- Low-Level Self-HarmMedication Administration

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Face 2 Face / Virtual Course List

Specialist

- Medication Awareness
- Narcolepsy
- Neurodiversity Awareness
- Pathological Demand Avoidance
- Medication Home Care
- Nutrition & Hydration
- Oral Hygiene
- Pain Management
- Pathological Demand Avoidance
- PECS
- PEG Care
- Personal Care
- Postural Care
- Practical Care Workshop*
- PTSD
- Reablement*
- Recognising Deterioration
- Responding to Emergency
- RESTORE2 Mini
- Safeguarding Children
- Safer Caring for Children
- Sensory Integration
- Self-Harm & Ligatures
- Self-Harm & Suicide
- Sexual Behaviour
- Sexual Health
- Sleep Apnoea
- Spinal Injuries
- Stoma Care
- Supervised Contact
- Tissue Viability
- Trauma and Attachment
- Trauma and Loss
- Trauma Informed Care
- Visual Impairment

Delivering expert training courses since 2006.

At Orchard Rock Training, we deliver high-quality, award-winning training for care professionals across the UK. With over 19 years of experience, we understand the real-world challenges faced in the sector—and we're here to help you meet them.

Nationwide, Flexible Delivery

Neurological

- Dementia Advanced
- Dementia Awareness
- Dementia and Down's Syndrome
- Early Onset Dementia
- Epilepsy & Buccal
- Huntington's
- Korsakoff's
- Motor Neurone Disease
- Multiple Sclerosis
- Muscular Dystrophy
- Neurological Observations*
- Parkinson's
- Stroke
- Trauma Informed Care
- Tourette's Syndrome

For more information, scan the OR Code



Staffing and Management

- 4 Day Team Leader
- 10 Day CHAPS*
- Accessible Information
- Anti-Bullying and Harassment
- Approach & Attitude
- Audit Management
- Basic English for Care*
- Care Planning
- Coaching and Mentoring
- Communication,
 Documentation & Reporting
- Conflict Resolution
- Customer Care
- Dignity Champion
- Infection Control Champion
- Information Governance and Caldicott
- Intensive Interaction
- Introduction to Microsoft Excel*
- Leadership & Management
- Lone Working
- Managing Complaints
- Mental Health for Managers
- Motivation & Communication
- Observations
- Professional Boundaries
- Risk Assessment
- Safeguarding Adults Advanced
- Safer Recruitment
- Staff Resilience and Self Awareness
- Supervision & Appraisal
- Team Building
- Train the Trainer*
- Wellbeing

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