

# Bed Falls Management

## AIMS

To be able to prevent falls from beds, and to know what to do in the event of a fall

## DURATION

Half Day Course (3 Hours)

## LEARNING OUTCOMES

By the end of this course, you will:

- Recognise the importance of Bed Falls Management
- Be aware of bed fall risk factors
- Know what to do in the event of a fall
- Understand how falls can affect the quality of life of residents
- Understand what steps can be taken to prevent falls
- Be aware of equipment that can be used to prevent falls from bed
- Be aware of the risks of bed rails
- Understand how to review management options

---

## LESSONS AND TOPICS

### Bed Falls Management

- What is Bed Falls Management?
- Legislation
- Statistics
- Facts About Bed Falls
- Risk Factors
- Life Quality
- Families
- First Aid Steps

### Review

- Risk Assessment
- The Review
- Management Options
- Consent and Best Interests
- Observation
- Counselling

### Options

- Falls Management Options
- Positional Wedges
- Low Profile Beds
- Fall Mats
- Bed Sensors
- Pressure Sensors
- Alarms
- Bumpers

### Bed Rails

- Using Bed Rails
- Risks
- Incidents and Injuries
- Safe Fitting of Bed Rails