

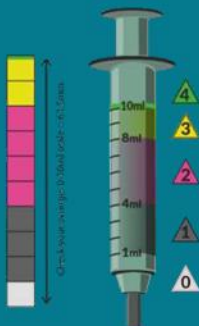
# IDDSI Framework

## FOOD



## DRINKS

## IDDSI Flow Test



### Soft & Bite-sized

1.5cm pieces

### Regular

No restrictions

### Easy to Chew

Requires chewing ability

### Extremely Thick

Liquid must not separate from solids

### Minced & Moist

Max 4mm pieces

### Liquidised

Not able to be eaten with a fork

### Pureed

No lumps

### Moderately Thick

Should not be able to be layered

### Slightly Thick

Flows through straw or syringe

### Thin

Fast flowing

### Mildly Thick

Flows off a spoon

7	REGULAR	RG7
7	EASY TO CHEW	EC7
6	SOFT & BITE-SIZED	SB6
5	MINCED & MOIST	MM5
4	PUREED	PU4
4	EXTREMELY THICK	EX4
3	LIQUIDISED	LQ3
3	MODERATELY THICK	MO3
2	MILDLY THICK	MT2
1	SLIGHTLY THICK	ST1
0	THIN	TN0