

SBAR: share a concern clearly

Situation, Background, Assessment, Recommendation

Have the care plan, medicines list and any observations to hand. If someone's life is at risk, call 999 straight away.

S

Situation

Who you are and where you are calling from. Who you are calling about. What your concern is right now.

"I'm calling from ... about ... I'm calling because I'm concerned that ..."

B

Background

Why the person receives care and any relevant conditions, medicines and allergies. What is normal for them. What has changed, and when.

"Usually they are ... Since this morning they have ..."

A

Assessment

What you have seen and any observations you are trained to take. What you have done so far. If you aren't sure what is wrong, say so.

"I'm not sure what the problem is, but I'm worried because ..."

R

Recommendation

What you need and by when. What you should do in the meantime, and when to call back or call 999. Then read back the plan and record it.

"Please could you ... within ... What should we do until then?"
