

Summary of Diabetes

Test Name	Fasting Required?	When to Test	Pre-Test Required?	Before or After Food?	Minimum Result for Diabetes
Fasting Blood Glucose Test (FBG)	YES For at least 8 hours	Next Day	NO	Before	7.0 mmol/L
Oral Glucose Tolerance Test	YES For at least 8 hours	Next Day	YES	After (Wait Two Hours)	11.1 mmol/L
Emergency Blood Test	NO	Immediately	N/A	N/A	11.1 mmol/L
HBA1c	NO	Planned Test	NO	N/A	48 mmol/mol
Urine Sample	NO	Immediately	N/A	N/A	Colour Change on Strip