

Summary of Differences Between Type 1 & Type 2 Diabetes

	Type 1	Type 2
What is happening?	The body attacks the cells in the pancreas which means it cannot make any insulin	The body is unable to make enough insulin , or the insulin doesn't work properly.
Risk factors	Whilst there are theories , we don't know for definite what causes Type 1 Diabetes.	We know some things can put people at risk of having Type 2 like weight and ethnicity .
Symptoms	The symptoms for type 1 appear quickly	Type 2 symptoms can be easier to miss because they appear more slowly .
Management	Type 1 is managed by taking insulin to control blood sugar .	Type 2 diabetes can be managed in more ways than Type 1. These include through medication, exercise and diet . People with Type 2 can also be prescribed insulin .
Cure & Prevention	Currently there is no cure for Type 1 but research continues.	Type 2 cannot be cured but there is evidence to say in many cases it can be prevented and put into remission .